CENTRAL COMPOUNDING CENTER South

6224 Fayetteville Road
Durham, NC 27713
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PCAB ACCREDITED Compounding Pharmacy
A SERVICE OF ACHC

REFILLS | BLOG | CONSULTS | SUPPLEMENTS | WEIGHT LOSS



WELCOME TO OUR MONTHLY NEWSLETTER

At Central Compounding Center South, we care about our patients and want to provide you with quality information about your health. If you ever have questions or would like more information, please feel free to ask. We look forward to caring for you and your family.

Sincerely,

Jennifer Burch, PharmD, CDCES, FNCAP, FAPC

Men's Health Deserves a Conversation

Changes in sexual health, energy, or hair growth can be difficult to bring up. But talking with your healthcare provider is an important first step toward understanding what's happening and exploring your options.



At our compounding pharmacy, we work with your provider on personalized medications when commercially available products don't meet your needs.

Personalized Options for Individual Needs

Compounding allows a pharmacist to prepare a prescribed medication in a specific strength or dosage form, or adjust certain inactive ingredients when appropriate.

Depending on your provider's evaluation, compounded medications may have a role in care for:

- **Testosterone deficiency**
- **Erectile dysfunction and sexual health concerns**
- **Hair loss**
- **Excessive sweating**

Questions About Low Testosterone?

Low libido, fatigue, and changes in strength can have several causes. Your provider can evaluate your symptoms and determine whether hormone testing is appropriate.

For men diagnosed with testosterone deficiency, testosterone replacement therapy (TRT) may be an option based on symptoms, laboratory results, and overall health. Treatment requires regular monitoring. It's also important to discuss plans for having children because TRT can reduce sperm production.

Enclomiphene citrate capsules are another option providers may consider for selected men with certain forms of low testosterone. Enclomiphene has been studied for its ability to stimulate the body's own testosterone production rather than directly replacing testosterone.

Your provider and pharmacist can explain the differences and discuss what may be appropriate for you.

This November, Make Time for Your Health

Movember is a global movement that raises awareness and funds for men's health, focusing on prostate cancer, testicular cancer, and mental health and suicide prevention. Each November, participants grow mustaches, take on movement challenges, and organize fundraisers to support the cause.

Let it be a reminder to schedule a checkup, mention a concern you've been putting off, or check in with someone you care about. Your physical and emotional health both deserve attention.

Learn More About Movember

We're Here to Answer Your Questions

Have questions about a prescription, medication ingredients, or whether compounding could meet a specific need? Our compounding pharmacists are here to help.

Contact our pharmacy team to start the conversation. We're here to work with you and your healthcare provider.

Compounded medications require a prescription and are not FDA-approved.

Share your experience with Central Compounding

If you have received excellent care or service from the pharmacists and staff at Central Compounding, we would appreciate an online review.

REVIEW US ON GOOGLE

REMINDER MESSAGE ABOUT CONSULTATIONS:

Central Compounding Center offers one on one personal consultations with Jennifer Burch, PharmD, who is experienced and specially trained in customized hormone therapy. Hormone consultations are by appointment only, and are $175.

HORMONE TESTING

We provide ZRT test kits to help us customize your hormone therapy specifically for you!

LEARN MORE

FIND OUT MORE



HOURS: Monday - Friday 9am - 5:30pm
Closed for lunch 12:30pm - 1pm
Closed Saturday and Sunday

Central Compounding Center South | 6224 Fayetteville Road | Durham, NC 27713 US

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