



6224 Fayetteville Road  
Durham, NC 27713  
919.484.7600



REFILLS

BLOG

CONSULTS

SUPPLEMENTS

WEIGHT LOSS



## WELCOME TO OUR MONTHLY NEWSLETTER

At Central Compounding Center South, we care about our patients and want to provide you with quality information about your health. If you ever have questions or would like more information, please feel free to ask. We look forward to caring for you and your family.

Sincerely,  
*Jennifer L. Burch, Pharm.D., CDE*

## Let Our Pharmacist be Part of Your Back-to-School Plan

As families prepare to go back to school, they visit their physician, dentist, and other providers, but they may overlook the value our pharmacist can offer. Our pharmacy can help parents and children maintain and strengthen their health as well as overcome sickness throughout the upcoming school year. In the weeks leading up to the new school year, include our compounding pharmacy in the planning. Here are some innovative ideas for how we can help!



- If a child needs to transport daily medication to school. Our pharmacist can provide options to make dosing easier and accurate when medications are administered.
- Head lice infestations are common once kids return to the classroom and other group activities. Although there are many commercially available treatments, our pharmacist can discuss prevention and all-natural remedies.
- Common dermatologic infections, such as ringworm and athlete's foot, as well as infections of the eye, ear, nose, and throat, can easily spread as kids return to school and sports. Kids are more likely to come into physical contact with their peers as they play and learn. It is important to teach and remind children of proper handwashing techniques and keeping their hands away from their face. If an infection occurs, we can provide treatment options that can meet a child's specific needs.
- To help children improve medication compliance and streamline the process, compounding pharmacists can customize medications in a dosage form and flavor a child will enjoy. Many children have special needs and medications can be created without problem-causing excipients such as lactose, gluten, preservatives and dyes.

- Proper nutritional supplements are a key to boosting children's immune systems. Our pharmacist can discuss options to help boost immunity and ward off sickness. Supplements to consider for children include:
  - Multivitamin to boost overall health
  - Brain-stimulating supplements such as omega-3 fatty acids.
  - Quality probiotics to support digestive and immune health.
- Pharmacists can also play a critical role in medication education. Our team can advise families and young people on the proper way to take medications and how to avoid toxic medications and abuse.

***Let us know how we can help care for your family as a new school year begins!***

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## PLEASE NOTE: CURBSIDE PICKUP

**Please remember, we have curbside pick-up available due to the Coronavirus. Our hours are from 9-5:30 Monday-Friday with a break from 12:30-1 for lunch. Call or text us at 919-484-7600 when you arrive. Thanks for your patience.**

## Share your experience with Central Compounding

If you have received excellent care or service from the pharmacists and staff at Central Compounding, we would appreciate an online review.

[REVIEW US ON FACEBOOK](#)

[REVIEW US ON GOOGLE](#)

### ASK US ABOUT OUR WEIGHT LOSS PROGRAMS

We offer a physician managed program for patients who find weight loss exceptionally difficult.

[READ MORE](#)



### REMINDER MESSAGE ABOUT CONSULTATIONS:

Central Compounding Center offers one on one personal consultations with Jennifer Burch, PharmD, CDE, who is experienced and specially trained in customized hormone therapy. Hormone consultations are by appointment only, and are \$175.

***Call Mary, our Patient Care Coordinator, to schedule your appointment.***

### HORMONE TESTING

We provide ZRT test kits to help us customize your hormone therapy specifically for you!



**HOURS:** Monday - Friday 9am - 5:30pm  
Closed for lunch 12:30pm - 1pm  
Closed Saturday and Sunday



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