

REFILLS

BLOG

CONSULTS

SUPPLEMENTS

WEIGHT LOSS



## WELCOME TO OUR MONTHLY NEWSLETTER

At Central Compounding Center South, we care about our patients and want to provide you with quality information about your health. If you ever have questions or would like more information, please feel free to ask. We look forward to caring for you and your family.

Sincerely,  
*Jennifer L. Burch, Pharm.D., CDE, CPP*

## Save Compounded Hormone Therapies!

The FDA commissioned a study from the National Academies of Sciences, Engineering, and Medicine (NASEM) on the safety, effectiveness and use of compounded bioidentical hormone therapy (cBHT or cBHRT). The NASEM committee has suggested restricting use of cBHT to patients with allergies to FDA-approved drugs, despite the fact that many FDA-approved therapies may not meet the dosing needs of all patients. The committee did not include a pharmacist with clinical experience, a compounding pharmacist or a physician with substantive experience in bioidentical hormone therapy. NASEM also ignored patient outcomes. The Alliance for Pharmacy Compounding aims to correct that by collecting and aggregating clinical outcome data, as well as by collecting testimonials at [www.A4PC.org/cbhtandme](http://www.A4PC.org/cbhtandme). The site allows patients, pharmacists, or healthcare providers to type in a short testimonial, or even upload a document or an audio or video recording.



For decades, pharmacists around the world have safely compounded specific strengths and dosage forms of hormones using the highest quality ingredients (identical to those used in manufacturing FDA-approved products). If you are taking or have taken compounded hormone therapy, please take a few minutes to share your experiences by providing a testimonial at [www.A4PC.org/cbhtandme](http://www.A4PC.org/cbhtandme). The more information we can gather, and the more detailed it is, the better we can support the millions of patients who rely on cBHT. If you have questions, please contact our pharmacist for more information about protecting your access to compounded hormone therapies.

## PLEASE NOTE: CURBSIDE PICKUP

Please remember, we have curbside pick-up available due to the Coronavirus. Our hours are from 9-5:30 Monday-Friday with a break from 12:30-1 for lunch. Call or text us at 919-484-7600 when you arrive. Thanks for your patience.

### Share your experience with Central Compounding

If you have received excellent care or service from the pharmacists and staff at Central Compounding, we would appreciate an online review.

[REVIEW US ON FACEBOOK](#)

[REVIEW US ON GOOGLE](#)

#### ASK US ABOUT OUR WEIGHT LOSS PROGRAMS

We offer a physician managed program for patients who find weight loss exceptionally difficult.

[READ MORE](#)



#### REMINDER MESSAGE ABOUT CONSULTATIONS:

Central Compounding Center offers one on one personal consultations with Jennifer Burch, PharmD, CDE, CPP, who is experienced and specially trained in customized hormone therapy. Hormone consultations are by appointment only, and are \$175. *Call Mary, our Patient Care Coordinator, to schedule your appointment.*

#### HORMONE TESTING

We provide ZRT test kits to help us customize your hormone therapy specifically for you!



**HOURS:** Monday - Friday 9am - 5:30pm  
Closed for lunch 12:30pm - 1pm  
Closed Saturday and Sunday

