

REFILLS

BLOG

CONSULTS

SUPPLEMENTS

WEIGHT LOSS



WELCOME TO OUR MONTHLY NEWSLETTER

At Central Compounding Center South, we care about our patients and want to provide you with quality information about your health. If you ever have questions or would like more information, please feel free to ask. We look forward to caring for you and your family.

Sincerely,
*Jennifer L. Burch, Pharm.D., CDE,
CPP*

How Compounding and Transdermal Medications May Help with the Opioid Crisis

Traditionally, opioid analgesics (formerly called “narcotics”) were prescribed for patients with terminal illnesses and after surgery. More recently, opioids and preparations containing oxycodone and hydrocodone have been prescribed for multiple conditions, even when other medications may be a better option.



When pain is not adequately controlled, patients may take doses that are higher than prescribed, and the continually seeking relief from pain can result in addiction. Also, access to opioids that have been prescribed for friends or relatives is one of the problems fueling the opioid crisis.

Bucher (Xavier University), Day and Carvalho (Professional Compounding Centers of America) noted that transdermal compounded medications can be customized to include different types of drugs, in various dosage strengths, to meet each patient’s specific needs.¹ Many of the challenges faced when using oral opioid therapy may be overcome by using transdermal medications. Types of pain and the causes differ, so customized medications can be helpful. Medications that are not used primarily to treat pain (like some drugs used to treat depression and epilepsy) can have synergistic properties when combined with other drugs, and this often allows the dosage of individual drugs to be decreased which in turn reduces the potential for side effects.

If you or someone you know is living with chronic pain, contact our compounding pharmacists to discuss how we can work together with physicians to solve

Congrats to our own Dr. Jennifer Burch for winning the North Carolina Association of Pharmacists' Community Care Pharmacist of the Year Award!

The annual award is presented to an individual of high moral character, good citizenship and high professional ideals, who has made a significant contribution to community pharmacy. This contribution shall have been in the form of sustained exemplary service or an outstanding single achievement.



Share your experience with Central Compounding

If you have received excellent care or service from the pharmacists and staff at Central Compounding, we would appreciate an online review.

[REVIEW US ON FACEBOOK](#)

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ASK US ABOUT OUR WEIGHT LOSS PROGRAMS

We offer a physician managed program for patients who find weight loss exceptionally difficult.

[READ MORE](#)



REMINDER MESSAGE ABOUT CONSULTATIONS:

Central Compounding Center offers one on one personal consultations with Jennifer Burch, PharmD, CDE, CPP, who is experienced and specially trained in customized hormone therapy. Hormone consultations are by appointment only, and are \$175. **Call Mary, our Patient Care Coordinator, to schedule your appointment.**

HORMONE TESTING

We provide ZRT test kits to help us customize your hormone therapy specifically for you!



HOURS: Monday - Friday 9am - 5:30pm
Closed for lunch 12:30pm - 1pm
Closed Saturday and Sunday

