

REFILLS

BLOG

CONSULTS

SUPPLEMENTS

WEIGHT LOSS



WELCOME TO OUR MONTHLY NEWSLETTER

At Central Compounding Center South, we care about our patients and want to provide you with quality information about your health. If you ever have questions or would like more information, please feel free to ask. We look forward to caring for you and your family.

Sincerely,
Jennifer L. Burch, Pharm.D., CDE, CPP

Menopause and Estrogen Deficiency: Skin Problems

Menopause causes estrogen deficiency which affects the skin through accelerated collagen breakdown, decreased elastin, and dehydration. Loss of collagen results in skin that lacks tone and is more able to stretch and expand. When estrogen levels are low, skin becomes dry and itchy, is more fragile, and has more and deeper wrinkles. Several studies suggest bioidentical hormone therapy (BHT) may alleviate these symptoms, increasing skin hydration and reducing shriveling.



Excessive facial hair growth occurs in 39% of menopausal women, with the chin being the most common location. Scalp hair loss occurs in some post-menopausal women. Estrogen deficiency can also interfere with wound healing, but hormone therapy can reverse this problem.

We personalize therapy based on a patient's hormone levels, lifestyle, and symptoms. Hormones can be prescribed in lower doses and the best dosage form for delivery via the optimal route. Our compounding pharmacist works together with patients and health care practitioners to determine the most appropriate formulation for each woman.

Reference: [Dermatology Journal Online](#). 2019 January; 25(1)

PLEASE NOTE: PAYMENT POLICY

We require pre-payment for all custom prescriptions. We do this in order to keep the cost of prescriptions down. When you are ordering refills online, you will be required to provide payment information. Lack of payment may delay your refill. We appreciate your cooperation and please contact us if you have questions. Thank you.

Share your experience with Central Compounding

If you have received excellent care or service from the pharmacists and staff at Central Compounding, we would appreciate an online review.

[REVIEW US ON FACEBOOK](#)

[REVIEW US ON GOOGLE](#)

ASK US ABOUT OUR WEIGHT LOSS PROGRAMS

We offer a physician managed program for patients who find weight loss exceptionally difficult.

[READ MORE](#)



REMINDER MESSAGE ABOUT CONSULTATIONS:

Central Compounding Center offers one on one personal consultations with Jennifer Burch, PharmD, CDE, CPP, who is experienced and specially trained in customized hormone therapy. Hormone consultations are by appointment only, and are \$175. *Call Mary, our Patient Care Coordinator, to schedule your appointment.*

HORMONE TESTING

We provide ZRT test kits to help us customize your hormone therapy specifically for you!



HOURS: Monday - Friday 9am - 5:30pm
Closed for lunch 12:30pm - 1pm
Closed Saturday and Sunday

