



CENTRAL  
COMPOUNDING  
CENTER  
— South —



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#### Hours

**Monday - Friday 9am - 5:30pm**  
Closed for lunch 12:30pm - 1pm  
Closed Saturday and Sunday

## WELCOME TO OUR MONTHLY NEWSLETTER

At Central Compounding Center South, we care about our patients and want to provide you with quality information about your health. If you ever have questions or would like more information, please feel free to ask. We look forward to caring for you and your family.



Sincerely,  
*Jennifer L. Burch, Pharm.D., CDE, CPP*

## Hormone Therapy for Migraine Sufferers

Migraines are common among women, but can be challenging to treat in older women. It was discovered that women with migraines were also more likely to have night sweats and hot flashes.

According to a new review of data from 67,903 participants in the Women's Health Initiative study, hormone therapy may benefit migraine sufferers without concerns about an increased risk of heart disease. Hormone use has been on the decline since the WHI

clinical trials were published in 2002, but new data shows that hormone therapy can be recommended for women under age 60 who are within 10 years of menopause.

"Since migraines affect one in every four women and women with migraines are often advised to avoid hormone therapy, these findings may have significant public health implications," says Dr. Jelena Pavlovic, lead author of the study from Albert Einstein College of Medicine in the Bronx.



***Women today have more options than ever before for treating their menopausal symptoms.***

**Ask our pharmacist for more information about customized therapies to meet your unique needs.**

<https://www.sciencedaily.com/releases/2017/10/171011091812.htm>

## **READ MORE ABOUT HORMONE THERAPY FOR WOMEN**

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### **Share your experience with Central Compounding**

If you have received excellent care or service from the pharmacists and staff at Central Compounding, we would appreciate an online review. Thank you for your time.

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#### **Ask us about our weight loss programs!**

We offer a physician managed program for patients who find weight loss exceptionally difficult.

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#### **Reminder message about consultations:**

Central Compounding Center offers one on one personal [consultations](#) with Jennifer Burch, PharmD, CDE, CPP, who is experienced and specially trained in customized hormone replacement therapy. HRT consultations are by appointment only, and are \$175. Call Mary, our Patient Care Coordinator, to schedule an appointment.



#### **Hormone Testing**

We provide ZRT test kits to help us customize your hormone therapy specifically for you!