



WELCOME TO OUR MONTHLY NEWSLETTER

At Central Compounding Center South, we care about our patients and want to provide you with quality information about your health. If you ever have questions or would like more information, please feel free to ask. We look forward to caring for you and your family.

Sincerely,
Jennifer L. Burch, Pharm.D., CDE, CPP

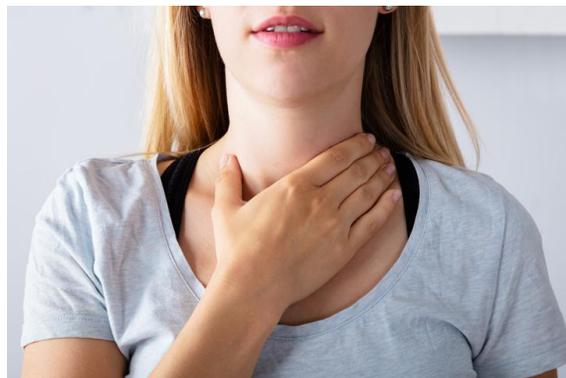
Need Thyroid?

Thyroid hormone preparations have been backordered or recalled many times since 2017. In September 2020, RLC Labs, Inc., voluntarily recalled Nature-Throid® and WP Thyroid®. Although not an exact replacement, these medications have often been substituted for Armour Thyroid®. All of these preparations contain Desiccated Thyroid Extracts (DTE).

Other types of thyroid hormone replacement include levothyroxine (T4) and liothyronine (T3). Levothyroxine is one of the most widely used drugs worldwide: its use has increased over the past 15 years and is projected to increase further over the next decade. Liothyronine is short acting and often produces intolerable side effects.

The human thyroid gland naturally makes the active form of thyroid hormone (T4) which is converted to another form of thyroid hormone (T3) elsewhere in the body. However, in some people, such as those who have a thyroid condition known as Hashimoto's thyroiditis, when they have low thyroid and take synthetic levothyroxine, the conversion to T3 may be inadequate and therefore they don't have the full range of thyroid hormones that are needed for the body to function optimally. Many patients have found that Desiccated Thyroid Extracts work best for them, reporting that they simply do not feel as well when they take levothyroxine alone or with liothyronine.

Thyroid hormones, unlike other drugs, do not work best on a fixed-dose regimen, but rather may require dosing adjusted to the specific needs of each patient. Ask our pharmacist for more information about customized thyroid preparations and how we can help if your medication is backordered or recalled.



PLEASE NOTE: CURBSIDE PICKUP

Please remember, we have curbside pick-up available due to the Coronavirus. Our hours are from 9-5:30 Monday-Friday with a break from 12:30-1 for lunch. Call or text us at 919-484-7600 when you arrive. Thanks for your patience.

Share your experience with Central Compounding

If you have received excellent care or service from the pharmacists and staff at Central Compounding, we would appreciate an online review.

[REVIEW US ON FACEBOOK](#)

[REVIEW US ON GOOGLE](#)

ASK US ABOUT OUR WEIGHT LOSS PROGRAMS

We offer a physician managed program for patients who find weight loss exceptionally difficult.

[READ MORE](#)



REMINDER MESSAGE ABOUT CONSULTATIONS:

Central Compounding Center offers one on one personal consultations with Jennifer Burch, PharmD, CDE, CPP, who is experienced and specially trained in customized hormone therapy. Hormone consultations are by appointment only, and are \$175. *Call Mary, our Patient Care Coordinator, to schedule your appointment.*

HORMONE TESTING

We provide ZRT test kits to help us customize your hormone therapy specifically for you!



HOURS: Monday - Friday 9am - 5:30pm
Closed for lunch 12:30pm - 1pm
Closed Saturday and Sunday

