

REFILLS

BLOG

CONSULTS

SUPPLEMENTS

WEIGHT LOSS



## WELCOME TO OUR MONTHLY NEWSLETTER

At Central Compounding Center South, we care about our patients and want to provide you with quality information about your health. If you ever have questions or would like more information, please feel free to ask. We look forward to caring for you and your family.

Sincerely,  
**Jennifer L. Burch, Pharm.D., CDE**

## Personalized Support for Your Sexual Wellness

Sexual wellness is an important part of overall health, but it is not always easy to talk about. Changes in hormones, aging, stress, certain medications, and medical conditions can all affect desire, comfort, and performance. The good news is that you do not have to navigate these changes alone.

At our compounding pharmacy, we work closely with healthcare providers to prepare personalized medications tailored to each patient. When standard treatments are not the right fit, compounding allows for customized strengths, ingredients, and dosage forms designed around your individual needs.



### Support for Women

Many women experience changes in sexual health during life stages such as postpartum recovery, perimenopause, and menopause. These changes may include vaginal dryness, lower libido, discomfort during intimacy, or difficulty with arousal.

Based on your provider's recommendation, customized options may include hormone therapy with estrogen, progesterone, or testosterone to help support optimization. Some treatment plans may also include oxytocin to support emotional connection and intimacy.

Topical arousal creams may be prescribed to support circulation and responsiveness and are applied directly to the treatment area.

Flexible dosage forms may include creams or gels, vaginal suppositories, troches (lozenges), and sublingual medications.

## Support for Men

For men, sexual health concerns often relate to testosterone levels or erectile function. If traditional medications are not ideal, compounded therapies may provide additional options.

Common treatments may include sildenafil and tadalafil, prepared in customized strengths when appropriate, that are prescribed to support erectile response. Testosterone therapy may also be available in creams, gels, and other forms that can be tailored to your specific needs.

## Why Choose Compounding?

Compounded medications offer a more personalized approach to care. Potential benefits include customized dosing, alternative delivery methods, combination medications when appropriate.

## We're Here to Help

Sexual health is a normal and important part of overall well-being. If you are experiencing changes, supportive options may be available, and conversations are always handled with care and professionalism.

Contact our compounding pharmacy today to speak with a pharmacist or learn more about personalized therapies that support your wellness.

### Share your experience with Central Compounding

If you have received excellent care or service from the pharmacists and staff at Central Compounding, we would appreciate an online review.

[REVIEW US ON GOOGLE](#)

#### ASK US ABOUT OUR WEIGHT LOSS PROGRAMS

We offer a physician managed program for patients who find weight loss exceptionally difficult.

[READ MORE](#)



#### REMINDER MESSAGE ABOUT CONSULTATIONS:

Central Compounding Center offers one on one personal consultations with Jennifer Burch, PharmD, CDE, who is experienced and specially trained in customized hormone therapy. Hormone consultations are by appointment only, and are \$175. *Call Mary, our Patient Care Coordinator, to schedule your appointment.*

#### HORMONE TESTING

We provide ZRT test kits to help us customize your hormone therapy specifically for you!



**HOURS:** Monday - Friday 9am - 5:30pm  
Closed for lunch 12:30pm - 1pm

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