

6224 Fayetteville Road Durham, NC 27713 **919.484.7600** 



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CONSULTS

SUPPLEMENTS

WEIGHT LOSS



## WELCOME TO OUR MONTHLY NEWSLETTER

At Central Compounding Center South, we care about our patients and want to provide you with quality information about your health. If you ever have questions or would like more information, please feel free to ask. We look forward to caring for you and your family.

Sincerely, Jennifer L. Burch, Pharm.D., CDE

# **Don't Ignore Erectile Dysfunction**

Erectile dysfunction (ED) is a condition that affects millions of men in the United States. While it's a sensitive subject for many, it's important to understand that ED is not just a personal issue—it can also be a sign of underlying health problems. Addressing ED is about more than improving sexual health; it's about taking care of your overall well-being.



## **Understanding Erectile Dysfunction**

ED occurs when a man has difficulty achieving or maintaining an erection suitable for sexual activity. It can also include reduced libido and premature ejaculation. This condition can have various causes, including physical, psychological, or lifestyle factors. ED may also be linked to the natural aging process or side effects from certain medications. Whatever the cause, it's important to recognize that ED is a medical condition that can often be treated.

Ignoring ED doesn't make the problem go away; it can lead to frustration, strained relationships, and diminished quality of life. Addressing ED promptly can help identify and manage these underlying conditions, potentially preventing more significant health concerns in the future. Most importantly, ED can be an early warning sign of serious health issues, such as:

- Heart Disease
- Diabetes
- Hormonal Imbalances

- Obesity
- Stress or Anxiety

## **Treatment Options for ED**

For many men, standard treatments like oral medications may be effective. However, these options don't work for everyone and can sometimes cause unwanted side effects. This is where customized compounded options may be able to help.

Compounded medications are tailored to your specific needs, providing: Custom Dosages: Medications that align with your body's requirements. Alternative Forms: Options like creams, gels, or modified-release tablets. Combination Medications: Blends of active ingredients.

ED is a common condition, but it doesn't have to define your life. Seeking help from a healthcare provider and exploring customized treatment options can make a difference in your health and confidence. At our compounding pharmacy, we're here to help! Contact us today to learn more or schedule a consultation.

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## Share your experience with Central Compounding

If you have received excellent care or service from the pharmacists and staff at Central Compounding, we would appreciate an online review.

### **REVIEW US ON GOOGLE**

### ASK US ABOUT OUR WEIGHT LOSS PROGRAMS

We offer a physician managed program for patients who find weight loss exceptionally difficult. READ MORE



#### REMINDER MESSAGE ABOUT CONSULTATIONS:

Central Compounding Center offers one on one personal consultations with Jennifer Burch, PharmD, CDE, who is experienced and specially trained in customized hormone therapy. Hormone consultations are by appointment only, and are \$175. Call Mary, our Patient Care Coordinator, to schedule your appointment.

#### **HORMONE TESTING**

We provide ZRT test kits to help us customize your hormone therapy specifically for you!



HOURS: Monday - Friday 9am - 5:30pm Closed for lunch 12:30pm - 1pm Closed Saturday and Sunday

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