

REFILLS

BLOG

CONSULTS

SUPPLEMENTS

WEIGHT LOSS



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## WELCOME TO OUR MONTHLY NEWSLETTER

At Central Compounding Center South, we care about our patients and want to provide you with quality information about your health. If you ever have questions or would like more information, please feel free to ask. We look forward to caring for you and your family.

Sincerely,



## Great Topical Care Starts with the Right Base

When you use a topical cream, you may naturally focus on its active ingredients. But the base carrying those ingredients is also an important part of the finished product.

A topical base is the cream, gel, lotion, ointment, or other vehicle used to carry ingredients applied to the skin. It determines the product's texture and consistency, but its role extends far beyond how the preparation feels.



The right base may help:

- Keep ingredients evenly distributed
- Support consistent application
- Protect sensitive ingredients
- Provide hydration and cosmetic benefits
- Accommodate one or more compatible ingredients
- Deliver ingredients to the intended area of the skin
- Create a more comfortable, easy-to-use preparation

The application area, ingredients, skin type, treatment goals, allergies, sensitivities, and personal preferences may all influence which base is selected.

## Customized for Individual Patient Needs

With a valid patient-specific prescription, the new base may be used to create customized topical preparations for several areas of care.

Potential applications include:

### **Dermatology and Skin Health**

Customized formulations may be created for patients who need a different strength, ingredient combination, or dosage form than what is commercially available.

### **Aesthetic Skincare**

Prescription ingredients may be incorporated into an elegant cream designed to complement appearance-focused skincare routines.

### **Women's Health and Hormone Therapy**

Compatible hormones may be incorporated into customized topical preparations when prescribed for an individual patient.

### **Pain and Specialty Care**

Depending on the intended application, the base may also be considered for localized or specialty topical preparations.

Formulations have been developed using ingredients such as estriol, progesterone, tretinoin, tranexamic acid, spironolactone, ivermectin, metronidazole, ketotifen, levocarnitine, and naltrexone.

Not every ingredient or combination is appropriate for every person. Each compounded preparation must be evaluated for the patient's needs, prescribed concentration, ingredient compatibility, stability, and intended use.

Ask our team about the latest bases available in our arsenal.

## **Introducing Reneu - The Next Generation of Skin Care**

Reneu pairs a high-purity Copper Tripeptide-1 (GHK-Cu) with Acetyl Hexapeptide-8 and Zinc Hydrolyzed Hyaluronate — ingredients that work together to help skin look smoother, more hydrated, and visibly renewed.

### **Key Benefits**

- Supports overall skin conditioning and visible skin renewal
- Helps improve the appearance of fine lines, wrinkles, and skin texture
- Provides deep hydration and helps support a balanced skin barrier
- Helps ease the look of expression lines for a smoother, more relaxed appearance



## Share your experience with Central Compounding

If you have received excellent care or service from the pharmacists and staff at Central Compounding, we would appreciate an online review.

[REVIEW US ON GOOGLE](#)

### REMINDER MESSAGE ABOUT CONSULTATIONS:

Central Compounding Center offers one on one personal consultations with Jennifer Burch, PharmD, who is experienced and specially trained in customized hormone therapy. Hormone consultations are by appointment only, and are \$175.

[FIND OUT MORE](#)

### HORMONE TESTING

We provide ZRT test kits to help us customize your hormone therapy specifically for you!

[LEARN MORE](#)



**HOURS:** Monday - Friday 9am - 5:30pm  
Closed for lunch 12:30pm - 1pm  
Closed Saturday and Sunday

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