



CENTRAL
COMPOUNDING
CENTER
— South —



6224 Fayetteville Road
Durham, NC 27713
919.484.7600



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Hours

Monday - Friday 9am - 5:30pm
Closed for lunch 12:30pm - 1pm
Closed Saturday and Sunday

WELCOME TO OUR MONTHLY NEWSLETTER

At Central Compounding Center South, we care about our patients and want to provide you with quality information about your health. If you ever have questions or would like more information, please feel free to ask. We look forward to caring for you and your family.



Sincerely,
Jennifer L. Burch, Pharm.D., CDE, CPP

Couplepause: Treating Hormone Imbalance

At midlife and beyond, both men and women face changes that can affect sexual functioning. For women, estrogen deficiency can lead to vaginal dryness, irritation/itching, inadequate lubrication, and painful relations. For men, the prevalence of erectile dysfunction increases with age, and some men develop testosterone deficiency. While typically one individual seeks treatment, it is helpful to address the sexual health needs of the aging couple as a whole. Taking a couple-oriented approach to evaluating and managing "couplepause" in the latter half of life can dramatically and simultaneously help both members of the couple to improve sexual satisfaction and intimacy.



[Sex Med Rev. 2018 Jan 19. pii: S2050-0521\(17\)30141-5.](#)

Ask our pharmacist about testing for hormone imbalances and the benefits of customized hormone restoration therapy.

SCHEDULE A CONSULTATION TO DISCUSS YOUR SPECIFIC NEEDS.

Share your experience with Central Compounding

If you have received excellent care or service from the pharmacists and staff at Central Compounding, we would appreciate an online review. Thank you for your time.

[Review us on Facebook](#)

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Ask us about our weight loss programs!

We offer a physician managed program for patients who find weight loss exceptionally difficult.

[Read More](#)



Reminder message about consultations:

Central Compounding Center offers one on one personal [consultations](#) with Jennifer Burch, PharmD, CDE, CPP, who is experienced and specially trained in customized hormone replacement therapy. HRT consultations are by appointment only, and are \$175. Call Mary, our Patient Care Coordinator, to schedule an appointment.



Hormone Testing

We provide ZRT test kits to help us customize your hormone therapy specifically for you!